



Personal Details

Name, Surname: Andreea VARGA

Institutional Email: andreea.varga@umfst.ro

Academic Title: Associate Professor

Head of Family Medicine Discipline, University of Medicine, Pharmacy, Science and Technology” George Emil Palade” of Targu Mures, Romania

Professional Activity

Specialty: Senior Cardiologist, Family Medicine

Medical Unit/Hospital: County Emergency Clinical Hospital of Targu Mures, Internal Medicine II – Cardiology

Education and Training

Certificate in Heart Failure Management

2019 – 2021, Postgraduate Course in Heart Failure Management (PCHF), London, UK, Zürich Heart House Foundation for Cardiovascular Research, Royal Brompton & Harefield Hospital NHS Foundation Trust, London, UK

Master’s degree,” Pulmonary Vascular Diseases” Programme level II

2019 – 2020, ALMA MATER STUDIORUM - Università di Bologna, Bologna, Italy

Master’s degree,” Advanced Medical-Pharmaceutical Research” Programme level II

2016 – 2017, University of Medicine, Pharmacy, Science and Technology of Targu Mures

PhD in Medicine, 2015, Magna cum Laude

2010 – 2015, University of Medicine and Pharmacy of Targu Mures, Romania

Certificate of Complementary Studies in General Ultrasound, Native and contrast vascular ultrasonography, Echocardiography

Master’s degree Programme, Health Management

2005 – 2006, Faculty of Economic, Law and Administrative Sciences,” Petru Maior” University, Targu Mures

Research Activity

Research Interest: Preventive Cardiology, Systemic and Pulmonary Arterial Hypertension, Heart Failure

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1. Research projects

1. *Multimarker model predictive of cardiovascular events in patients with heart failure with preserved ejection fraction (HFpEF)* - project director
2. *Cardiopulmonary exercise test parameters in heart failure with preserved ejection fraction - impact of iron deficiency* - project director
3. *Prognostic value of asymmetric dimethylarginine (ADMA - asymmetric dimethylarginine) biomarker for monitoring the efficacy of specific therapy in different subsets of patients with pulmonary hypertension* - project team member

2. Articles published in extenso

1. **Varga A**, Cristescu L., Iancu D.G., Dumbrava R.A., Moldovan D.A., Stoica F., Fodor S.R., Neagu C., Suteu R.A., Tilea I. *Relationships among the EmPHasis-10 Questionnaire, the simplified Four-Strata Risk Assessment tool, and echocardiographic parameters in patients with precapillary pulmonary hypertension*. J.Clin.Med. **2024**;13:6782. EISSN 2077-0383. **FI(2023) 3,0**
2. Iancu D.G., **Andreea Varga**, Cristescu L., Dumbrava R.A., Stoica F., Moldovan D.A., Radu Adrian Suteu R.A., and Tilea I. *Kidney dysfunction, hepatic impairment, and lipid metabolism abnormalities in patients with precapillary pulmonary hypertension*. Diagnostics **2024**;14(16):1824; EISSN 2075-4418, **FI (2023) 3.0**
3. **Varga Andreea**, Moldovan D.A., Pop M., Benedek I, Kovacs A., Dumbrava R.A., Iancu D.G., Cristescu L., Huma L., Tilea I. *FIP1L1-PDGFR alpha-Positive Loeffler Endocarditis-A Distinct Cause of Heart Failure in a Young Male: The Role of Multimodal Diagnostic Tools*. Diagnostics (Basel). **2023**;13(10):1795. ISSN: 2075-4418, **FI (2022) 3,6**
4. **Varga Andreea**, Tilea I, Tatar C.M., Iancu D.G., Jiga M.A., Dumbrava R.A., Pop M., Suciu H. *Native Aortic Valve Endocarditis Complicated by Splenic Infarction and Giant Mitral-Aortic Intervalvular Fibrosa Pseudoaneurysm-A Case Report and Brief Review of the Literature*. Diagnostics (Basel). **2021**;11(2):251. DOI:10.3390/diagnostics11020251. ISSN: 2075-4418, **FI (2021) 3,992**
5. **Varga Andreea**, Tilea I., Petra D.N., Tilinca M.C., Gliga, M.L., Demian S. *Cardiovascular Events throughout the Disease Course in Chronic Myeloid Leukaemia Patients Treated with Tyrosine Kinase Inhibitors—A Single-Centre Retrospective Study*. J. Clin. Med. **2020**;9:3269, DOI: 10.3390/jcm9103269, ISSN:2077-0383. **FI (2019) 3.303**

Targu Mures 2025

Assoc.Prof. Andreea Varga MD PhD

